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Keratitis-ichthyosis-deafness (KID) syndrome-a rare congenital syndrome

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KID syndrome (Keratitis-Ichthyosis-Deafness syndrome), first described in 1915 by Frederick Burns who provided a detailed clinical description delineating all the key features of this syndrome and there are only 200 cases published over the world till now. I report a 30 year old female who presented with persistent scaly skin over parts of her body and scalp with diffuse alopecia. There was erythrokeratoderma of face and diffuse hyperkeratotic hyper pigmented infected plaque over pubis. There was history of recurrent episodes of folliculitis over the scalp. There was no evidence of tuberculosis or any malignancy. Eye involvement in the form of impaired vision and irritation were present. There was bilateral sensorineural progressive hearing loss. It is a great opportunity for me to share an interesting rare case with KID syndrome to add another case to the published cases worldwide and to increases awareness of this unique syndrome, suggesting the proper diagnostic strategy and effective treatments to improve the quality of life as it is a chronic non healing disease.

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