

4TH WORLD CHINESE MEDICINE, YOGA & MENTAL HEALTH CONGRESS

September 17-18, 2018 | San Diego, USA



Catrina Beck

Emotion Code Practitioner, USA

Release trapped emotions without reliving the traumas

Emotion Coding is going back to the root of Chinese healers and the healing of our emotional well being. If we are constantly carrying around the extra baggage of these emotions eventually our bodies become sick. We have to allow ourselves the room to open up and let the emotions be released. I had an amazing success in releasing these emotions. The result being my clients feel healthier mentally as well as physically. Through using cleansing breaths and shielding I equip my clients with healing to continue after each session. Self-love, self-care and being intentional is key!

Biography

Catrina Beck is a Certified Emotion Code Practitioner, Certified Life Purpose Coach, entrepreneur, mother of 5 and lover of all things that keep me centered. She is a active volunteer on youth mental health committee as a parent advocate and a former foster parent. Over the course of 5 years, she has fostered 40 plus teenage girls. The biggest pattern with all these children was the proper course to keep them emotionally stable. After seeing doctors and therapist prescribe many medications with horrible adverse effects she knew it was time to cultivate my intuition and empathy. She has been an empath since she was a very young child. As the years went by she became more and more aware of my intuition. Finally learning to tap into that and become an Emotion Code Practitioner. She was able to work with people of all ages birth to 100, releasing trapped emotions stored in our bodies. Without the use of western medicine or taking the individual thought the events that caused the trapped emotions, through intention and the use of magnets.

catrinawave@me.com

Notes: