



A Case Report on Ankle Pain Induced with Charcot Marie Tooth Disease Treated by Traditional Korean Medicine Treatment with Chuna Manual Therapy

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Abstract:

Charcot Marie Tooth disease can cause muscle weakness and foot deformity. Ankle pain induced by foot deformity affects patients' gait pattern and quality of life.

Objectives: The purpose of this study is to evaluate the traditional Korean medicine treatment for ankle pain induced with Charcot-Marie Tooth Disease, especially Chuna manual therapy on ankle joints. One patient was treated with acupuncture, phamacopuncture, herbal medication and chuna manual therapy on ankle joints. To evaluate the pain of ankle, lower back and lower extremity, visual analog scale(VAS) was measured.

After treatment for 5 week, the pain of ankle joint was declined from VAS 6 to VAS 2.

Traditional Korean medicine treatment including acupuncture, pharmacopuncture, herbal medication and Chuna manual therapy is effective for ankle pain with foot deformity. But further studies are required to prove the effectiveness of Chuna manual therapy on ankle joints.



Biography:

Kim is a registered Korean medical doctor and herbalist. After training and applying Korean medicine therapy to patients with pain on musculoskeletal system, he decided to take his life-long interest in health to the next level. He chose to study 'modern' traditional Korean medicine because it offered the best of both worlds – the yang of Western rationalism and the yin of Eastern wisdom. He often incorporates elements of these therapies into his treatments to make them more effective. For Kim, the practice of medicine is the evolution of a life-long passion – interplay of competency, artistry and compassion.

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