

## Applications of Nanobubbles in Pharmaceutical Industry

Pelin Kilic\*

Department of Pharmaceutical Technology, Abdullah Gul University, Kayseri, Turkey

### ABOUT THE STUDY

In the area of pharmaceuticals, innovation is important. Scientists are constantly seeking novel technologies to enhance drug delivery, improve efficacy, and minimize side effects. One such innovation that has gained significant attention is the utilization of nanobubbles. These tiny gas-filled particles, typically ranging from 10 to 1000 nanometers in diameter, hold immense promise in various pharmaceutical applications. From drug delivery to diagnostics, the potential of nanobubbles is vast and continues to be explored by researchers worldwide.

#### Enhanced drug delivery

One of the most significant applications of nanobubbles in the pharmaceutical industry is in drug delivery. Traditional drug delivery systems often face challenges such as poor solubility, low bioavailability, and non-specific targeting. Nanobubbles offer a solution to these challenges by acting as carriers for therapeutic agents.

Nanobubbles can encapsulate drugs within their gas core or shell, protecting them from degradation and facilitating their transport to targeted tissues or cells. Moreover, their small size allows for easy penetration through biological barriers such as cell membranes, enabling efficient drug delivery to specific sites within the body. This targeted delivery minimizes systemic exposure and reduces the risk of side effects, making nanobubbles an attractive option for delivering potent medications.

#### Diagnostic imaging

In addition to drug delivery, nanobubbles show promise in diagnostic imaging, particularly in techniques such as ultrasound imaging and contrast-enhanced imaging. Due to their small size and gas-filled nature, nanobubbles exhibit strong acoustic properties, making them excellent contrast agents for ultrasound imaging.

In ultrasound imaging, nanobubbles can enhance the visualization of tissues and organs, providing clearer and more detailed images. This improved imaging quality allows for better diagnosis and monitoring of various medical conditions, including

tumors, cardiovascular diseases, and liver disorders. Furthermore, nanobubble-based contrast agents are biocompatible and biodegradable, minimizing the risk of adverse reactions commonly associated with conventional contrast agents.

#### Therapeutic applications

Beyond drug delivery and diagnostic imaging, nanobubbles hold promise in therapeutic applications within the pharmaceutical industry. As a way to minimize harm to healthy tissues while delivering medication just to sick tissues or cells, experts are looking into the use of nanobubbles in targeted therapy.

Moreover, nanobubbles can be engineered to respond to external stimuli such as light, heat, or ultrasound, allowing for controlled release of therapeutic agents at desired locations within the body. This precise control over drug release enhances therapeutic efficacy while reducing systemic toxicity.

Furthermore, nanobubbles can be functionalized with targeting ligands or antibodies, enabling them to selectively bind to specific receptors or biomarkers expressed on diseased cells. This targeted approach enhances the accumulation of therapeutic agents at the site of action, improving treatment outcomes and reducing the required dosage.

#### Challenges

Despite the promising applications of nanobubbles in the pharmaceutical industry, several challenges remain to be addressed. These include scalability, stability, and safety concerns associated with long-term use.

Experts are actively working to overcome these challenges through advances in nanomaterial synthesis, surface engineering, and formulation optimization. Additionally, regulatory agencies play an important role in ensuring the safety and efficacy of nanobubble-based pharmaceutical products through rigorous testing and evaluation.

Nanobubbles represents advancing technology with immense potential in the pharmaceutical industry. From enhancing drug delivery and diagnostic imaging to enabling targeted therapy, nanobubbles offer a number of opportunities for innovation and advancement.

**Correspondence to:** Pelin Kilic, Department of Pharmaceutical Technology, Abdullah Gul University, Kayseri, Turkey, E-mail: kiliclin23@yahoo.com

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