

Approaches of General Practice in Healthcare System

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DESCRIPTION

General practice within complex healthcare systems is a critical component that deserves careful consideration and commentary. General Practitioners (GPs) serve as the primary entry point for patients into the healthcare system. They are often the first to assess and diagnose patient's conditions, making them essential gatekeepers to more specialized care.

They consider not only the physical aspects of health but also the psychological, social, and environmental factors that can impact well-being. This comprehensive approach is crucial in complex systems where patients often present with multifaceted health issues. General practice emphasizes the importance of ongoing, longitudinal relationships between patients and their healthcare providers. This continuity of care is particularly valuable in complex systems where patients may have chronic conditions or require care coordination across various specialists. General practice who know their patients well can facilitate better care coordination and personalized treatment plans. General practice play a pivotal role in preventive medicine. They educate patients about healthy lifestyles, recommend screenings and vaccinations, and identify risk factors early on. In complex healthcare systems, preventive care is vital for reducing the burden on specialized services and mitigating the long-term costs of chronic conditions.

They help determine the necessity of referrals to specialists, diagnostics, and interventions. In complex systems with limited resources, General practice expertise in managing patient care effectively contributes to overall system efficiency. General practice often serve as patient advocates. They help patients navigate the healthcare system, understand their treatment options, and make informed decisions. In complex systems with numerous bureaucratic hurdles and information asymmetry, this advocacy role is invaluable. In modern complex healthcare systems, the integration of technology is becoming increasingly important. General practice are leveraging electronic health records, telemedicine, and data analytics to improve patient care, track outcomes, and enhance communication with other healthcare providers. Despite their pivotal role, General practice in complex healthcare systems face significant challenges,

including heavy workloads, administrative burdens, and burnout.

In complex healthcare systems, patients may interact with numerous specialists, hospitals, and healthcare facilities. General practitioners serve as the coordinators of care, helping patients navigate this complex network. They ensure that all aspects of a patient's health are considered, preventing fragmented and disjointed care. General practitioners are trained to provide comprehensive care, encompassing a wide range of medical issues. This is particularly valuable in complex systems where patients often have comorbidities or multi-faceted health needs. General practice can address both acute and chronic conditions, offering continuity and a holistic perspective. Given their familiarity with patients' medical histories, General practice are well-positioned to detect health issues early and initiate preventive measures.

General practitioners act as gatekeepers to specialized care. They help manage limited healthcare resources by ensuring that patients are referred to specialists only when necessary. This safe guarding role helps control costs and ensures that patients receive appropriate care. General practice often serve as advocates for their patients, ensuring that they receive the care they need and deserve. In complex systems, patients may face bureaucratic challenges, insurance complexities, or difficulties accessing care. General practitioners can help patients navigate these hurdles. Electronic Health Records (EHRs), telemedicine, and data analytics can aid in diagnosis, treatment planning, and monitoring patient progress, enhancing the efficiency and quality of care.

There may be a shortage of primary care providers, resulting in heavy workloads and limited time for each patient. Staying updated with the latest medical knowledge and guidelines is essential for general practitioners. Continuous medical education helps them provide evidence-based care in an ever-evolving healthcare landscape. The patient's voice and preferences must be central in complex healthcare systems. General practitioners must engage in shared decision-making, respecting patient's cultural backgrounds.

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CONCLUSION

In conclusion, general practice is a key element of complex healthcare systems, offering a comprehensive, patient-centered approach that helps manage patient needs efficiently. General practice in complex healthcare systems is essential for providing patient-centered, coordinated, and comprehensive care.

However, it also faces challenges that must be addressed to ensure that General practice can continue to provide high-quality care in increasingly complex healthcare environments. Continuous support, resource allocation, and innovation are necessary to ensure that general practice thrives in the face of increasing complexity in healthcare.