Commentary

## Influential Factors for Improving Occupational Safety and Health

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## DESCRIPTION

The multidisciplinary field of Occupational Safety and Health (OSH), also known as Occupational Health and Safety (OHS), occupational safety, or occupational safety, is concerned with the welfare, health, and safety of people working in an occupation. Since these terms also refer to the goals of this field, they were originally used as an abbreviation for occupational safety and health program, department, etc. in this article. The term "safety" refers to the state of being shielded from harm or other danger. Safety can also mean taking control of known dangers to reduce risk to an acceptable level. Another is that health is "a state of complete physical, mental, and social well-being and not merely the absence of disease and infirmity," as defined by the World Health Organization. Over time, a number of definitions have been used for various purposes. Smoking, excessive stress, and other unhealthy behaviors can all be reduced or avoided, while healthy behaviors like regular exercise and adequate sleep can be promoted. Individual decisions, including whether to engage in a high-risk activity, can have an impact on health. However, structural issues, such as whether society is set up to make it simpler or more difficult for individuals to get necessary healthcare services, can also have an impact on people's health. Genetic abnormalities, however, are one element that transcends personal and social preferences.

The World Health Organization defines Quality Of Life (QOL) as "an individual's perception of their position in life in relation to their goals, expectations, standards, and concerns" and "in the context of the culture and value systems in which they live."

Wealth, employment, the environment, physical and mental health, education, leisure time, social belonging, religious beliefs, safety, security, and freedom are all common indicators of quality of life. The fields of international development, healthcare, politics, and employment are just a few examples of the many contexts in which QOL can be applied. An assessment of QOL and its connection to health is known as Health-Related Quality Of Life (HRQOL). In the context of economics, work can be viewed as the human activity that contributes towards the goods and services that are part of an economy. Work, also known as labor in British English, is an intentional activity that people perform to support the needs and wants of themselves, others, or a larger community. The creation of a safe and healthy work environment is the end goal of an occupational safety and health program. Additionally, OSH safeguards all members of the general public who might be impacted by the work environment.

More than 2.78 million people worldwide die each year from accidents or diseases at work, or one every fifteen seconds. Every year, there are an additional 374 million non-fatal workplace injuries. The annual economic cost of occupational-related injuries and deaths is estimated to be nearly 4% of the global GDP. This adversity has a huge human cost.

Employers have a common law duty (also known as a duty of care) to ensure the safety of their workers in common-law jurisdictions. Other general duties, specific duties, and government bodies with the authority to regulate occupational safety issues may also be enacted under statute law: The specifics of this differ from one jurisdiction to the next.

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