

## Pharmacist based Medication Therapy Management in Healthcare

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### DESCRIPTION

Pharmaceutical care practice is a patient-centered approach to medication management that focuses on achieving positive outcomes for patients. The practice involves pharmacists working closely with patients and other healthcare providers to optimize medication therapy and ensure safe and effective use of medications. One of the primary components of pharmaceutical care practice is Medication Therapy Management (MTM). MTM involves a comprehensive review of a patient's medications to identify any medication-related problems and optimize therapy. This includes a review of the patient's medication history, medication-related needs, and goals of therapy. The pharmacist then collaborates with the patient and other healthcare providers to develop an individualized medication therapy plan that meets the patient's unique needs. MTM comprises reviewing medications, educating patients, identifying, and resolving medication-related issues. MTM is especially important for patients with chronic conditions who are taking multiple medications. Another important aspect of pharmaceutical care practice is medication counseling. Pharmacists play a critical role in educating patients about their medications, including how to take them, possible side effects, and how to manage any adverse effects. Pharmacists also address any questions or concerns that patients may have about their medications and work with patients to develop a plan for addressing medication-related issues. Pharmacists who practice pharmaceutical care also play an important role in medication safety. They work to prevent medication errors by reviewing medication orders for accuracy and completeness, verifying medication orders, and ensuring that medications are dispensed and administered safely. Pharmacists also monitor patients for potential adverse drug events and drug interactions and take appropriate action to prevent harm to patients.

Another important component of pharmaceutical care practice is patient advocacy. Pharmacists advocate for their patients by ensuring that they receive the most appropriate and effective medications for their conditions. They work closely with other healthcare providers to ensure that patients receive the best possible care and that their needs are met. Pharmacists who practice pharmaceutical care also play a critical role in disease management. They work with patients who have chronic conditions, such as diabetes or hypertension, to optimize their medication therapy and improve their overall health outcomes.

Pharmacists also play an important role in promoting disease prevention by providing immunizations and educating patients on healthy lifestyle choices. Finally, pharmaceutical care practice involves research and development. Pharmacists play an essential role in developing new medications and therapies to treat diseases and conditions. They also conduct research to better understand the effects of medications on the human body and to identify new drug targets for the treatment of diseases.

### CONCLUSION

In conclusion, pharmaceutical care practice is a patient-centered approach to medication management that focuses on achieving positive outcomes for patients. Pharmacists, who practice pharmaceutical care work closely with patients and other healthcare providers to optimize medication therapy, ensure medication safety, provide patient education and advocacy, manage chronic conditions, promote disease prevention, and conduct research and development. In order to give their patients the best treatment possible as healthcare continues to change, chemists must continue to adopt new technology and advances in pharmaceutical care practice. They must also collaborate with other healthcare experts.

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**Received:** 01-Mar-2023; **Manuscript No.** JPCHS-23-23881; **Editor assigned:** 03-Mar-2023; **Pre-QC No.** JPCHS-23-23881 (PQ); **Reviewed:** 23-Mar-2023; **QC No.** JPCHS-23-23881; **Revised:** 31-Mar-2023, **Manuscript No.** JPCHS-23-23881(R); **Published:** 10-Apr-2023, DOI: 10.35248/2376-0419.23.10.268

**Citation:** Harwacki J (2023) Pharmacist based Medication Therapy Management in Healthcare. J Pharma Care Health Sys. 10:268.

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