



Autism Spectrum Disorders – A Mum’s Perspective

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Letter

The etiology is a mystery and there is no known cure! True! Terribly and sadly true!

The number of children with autism is increasing and nobody knows why.

The new parameters for labeling a child as autistic have become so broad that the alarming statistics are distorted. If this is the most probably reason, where are all the autistic adults not diagnosed when they were children? Does it mean, maybe, that it's possible to recover from autism even with no cure? That would be a great announcement!

The “Monster” named Autism arrives at 18-24 months old and takes your child away, suddenly it enters your home and destroys your child's life. Suddenly, future seems to be cancelled!

Until few years ago, rarely, children were early diagnosed. Pediatricians were inclined to reassure parents and Neuropsychiatrists too seldom pronounced the word “autism”. Autism, as it is intended according to official Medicine, is a shock to parents as it takes away all hope of normal life.

Often, medical specialists prefer to use less strong words, such as developmental disorder, relational disorder or communication disorder.

In the effort to spare feelings to the family, what actually they cause is a delay in the beginning of the interventions for the “recovery” of the child.

It is demonstrated that early intervention gives a better chance of improvement.

The Tuscany Region (Italy) has initiated a project that involves the full participation of Pediatricians in the early diagnosis of autism spectrum disorders. Since 2010, the “Screening of the development of communication and relationship” has been introduced as an integral part of the Childhood Health Project.

During the medical check-up of 18 months, a questionnaire is submitted to parents by pediatricians. In this way, it should be possible to identify probable children with autism and address them to local neuropsychiatry for special analysis.

The etiology is still a mystery. The official science has no cure! Often, parents become scientists themselves.

Have they other choice? How can they accept Autism passively and let it taking their child away with nothing doing?

Parents feel to do something, that's necessary for them to survive, to give a sense to their life. Do nothing to fight that monster is like leaving their child dying and dying themselves.

The science says that there is no evidence that vaccines cause autism, there is no evidence that mercury causes autism.

In 2001, Thimerosal (mercury at 49%) was removed from vaccines because of possible risk, but it has been substituted by other dangerous substances, such as aluminium and formaldehyde.

And as far as dental amalgam, it's important to say that a typical amalgam releases approximately 17 mcg of mercury per day, each day, for 70 years.

17 mcg of mercury are also absorbed by a woman during her pregnancy and, through the placenta, moves to her child.

The incidence of autism continues to accelerate and, through informations easily found on internet, people begin to raise doubts about vaccines or dental amalgams and it's understandable that they refuse amalgam filling at the dentist or be very carefully before deciding to get vaccines or vaccinate their children.

Most of autistic children have high value of toxic metals in their blood, have a damaged immune system, have allergies, and have constipations or diarrhea.

They, as any other neurotypical person, must be cured for those organic problems. Those problems must not to be ignored.

What often happens is that any behavior is attributed to autism (psychiatric condition) and no further investigation is done to discover organic diseases.

Autism cause stress to the whole family and the society seems to do nothing to reduce it!

The fight against Autism is a fight against the time and against who says that Autism is a condition with no hope!

Applied Behaviour Analysis is a scientifically validate rehabilitation therapy, the most effective therapeutic approach in case of Autism, but also in this case there are “highly regarded authorities” who say that this treatment make children like robots.

That's not correct!

Most of children with autism are not able to learn in same manner than children with neurotypical development.

Very structured ABA sessions, at beginning of intervention, are needed. Successively, children are helped to generalize outside all what they have learned during structured sessions.

With ABA, children “learn to learn”!

ABA gives them the possibility to have major possibility to be accepted by society. With ABA they have the possibility to reduce all those non-adaptive behaviors which cause exclusion. The ABA cost is quite important and, because of that, it's not accessible to everybody.

Anyway, there are mums, dads, and other members of the family who decide to be formed constantly by a Consultant and operate them personally with their autistic child.

This is a way to spare money and to better know their child and his needs.

Parents of children with Autism have really the power to help their children; the society, the institutions should give them the right psychological and financial support to face the situation.

But that’s quite rare! Most families live in solitude. Due to the strong stress, often divorce is inevitable.

Is divorce, maybe, the simpler way for each parent to get some period of break from Autism? When child is with mum, daddy takes his time to “live” and vice-versa.

Who are parents with children with Autism? Somebody describes them as deceived and visionary but, they are, instead:

The ones who say NO to drug interventions driving just at containing behaviors.

The ones who study Autism and accept it, not with resignation but just to fight and defeat it!

The ones who have got the “special power” to do more things in same time, as most of them have no help by relatives: when Autism arrives, relatives disappear...

They are the ones for whom doing the shopping at supermarket alone; means enjoying a moment of relax...

...But, above all, they are those who will never lose the hope to have their child back.