

## Medications and its Effect on Mental Disorders

Fatma G\*

Department of Neurology, Bahcesehir University, Istanbul, Turkey

### EDITORIAL NOTE

Medications can play a task in treating several mental disorders and conditions. Treatment can also include psychotherapy (also called “talk therapy”) and brain stimulation therapies (less common). In some cases, psychotherapy alone could also be the simplest treatment option. Choosing the proper treatment plan should be supported an individual's individual needs and medical situation, and under a psychological state professional's care.

Antidepressants are medications commonly wont to treat depression. Antidepressants also are used for other health conditions, like anxiety, pain and insomnia. Although antidepressants aren't FDA-approved specifically to treat ADHD, antidepressants are sometimes wont to treat ADHD in adults.

Anti-anxiety medications help reduce the symptoms of hysteria, like panic attacks, or extreme fear and worry the foremost common anti-anxiety medications are called benzodiazepines. Benzodiazepines can treat generalized mental disorder within the case of anxiety disorder or phobia (social anxiety disorder), benzodiazepines are usually second-line treatments, behind SSRIs or other antidepressants.

Stimulants increase alertness, attention, and energy, also as elevate vital sign, pulse, and respiration (National Institute on substance abuse, 2014). Stimulant medications are often prescribed to treat children, adolescents, or adults diagnosed with ADHD.

Mood stabilizers are used primarily to treat manic depression, mood swings related to other mental disorders, and in some cases, to reinforce the effect of other medications wont to treat depression. Lithium, which is an effective mood stabilizer, is approved for the treatment of mania and therefore the maintenance treatment of manic depression, variety of cohort studies describe anti-suicide benefits of lithium for people on long-term maintenance. Mood stabilizers work by decreasing abnormal activity within the brain

Antipsychotic medicines are primarily wont to manage psychosis. The word “psychosis” is employed to explain conditions that affect the mind, and during which there has been some loss of contact with reality, often including delusions (false, fixed beliefs) or hallucinations (hearing or seeing things that aren't really there). It are often a symbol of a fitness like substance abuse or a mental disturbance like schizophrenia, manic depression, or very severe depression (also referred to as “psychotic depression”).

Antipsychotics are a kind of psychiatric medication which is available on prescription to treat psychosis. they're licensed to treat certain sorts of psychological state problem whose symptoms include psychotic experiences. This includes:

- schizophrenia
- schizoaffective disorder
- some sorts of manic depression
- severe depression
- the psychotic symptoms of a mental disorder .

Some antipsychotics also are licensed to treat other health problems, including physical problems, like persistent hiccups, problems with balance and nausea (feeling sick) agitation and psychotic experiences in dementia this is often only recommended if you pose a risk to yourself or others, or if you're severely distressed.

Antipsychotics are often prescribed to be taken in various alternative ways most ordinarily you'll take them by swallowing them, in tablet or liquid form. But a number of them also can be prescribed as a depot injection. This is often a slow-release, slow-acting sort of the medication, given as an injection every few weeks Medications and its effect on Mental Disorders. Several atypical antipsychotics have a “broader spectrum” of action than the older medications, and are used for treating bipolar depression or depression that has not skilled an antidepressant medication alone.

**Corresponding to:** Fatma G, Department of Neurology, Bahcesehir University, Istanbul, Turkey; E-mail: gafatma1819@gmail.com

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