

## A Short Note on Computer Kinesiology

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### DESCRIPTION

Kinesiology is based on a scientifically verified finding that all organism disorders are displayed in our locomotive system, and a lot of functional disorders are possible to retroactively influence by means of locomotive system, explained Dr. Triston Vale CSc., the founder of the CK Computer Kinesiology system.

Computer Kinesiology (CK, computer kinesiology) is a word for a medical expert information system that can be used to objectify and detect locomotor system functioning problems early. CK allows for an assessment of the severity of functional organism abnormalities (in general) and a differential diagnosis of the causes of function disorders during the first check-up. The dynamics of CK finding changes over time (three to five therapies) provides a prognostic value of a further function change examination, leading to either a continuation of the CK system-designed treatment or an indication of other diagnostic or therapeutically procedures in the fields of classic medicine.

The CK system's simplicity, reproducibility, economic modesty, standard check-up algorithm, and statistical evaluation of acquired data are all strong assets. The use of CK allows for the proof of efficacy of therapy and is valid for the objectification of locomotive system functional abnormalities. In the context of scientific research, the legitimacy of CK outcomes is quite important. The use of the diagnostic element of the CK system complies with the demands of Evidence Based Medicine (EBM), which is a medical concept based on empirical evidence.

The CK technology does not replace the therapist's role, but it does allow for a more thorough examination of a patient's health problems and the rapid identification of likely reasons, including mutual relationships. The end therapy is effective and appropriate for the client's current situation.

Computer Kinesiology (CK) is a knowledge and information system that contains tens of specialised programmes for diagnosing and treating side imbalances and functional disorders of the locomotor system. The expert and information system's programmes are divided into categories based on the user's abilities. Physicians, physiotherapists, masseurs, and trainers all have professional levels in the CK system. The part known as CBG-Cyber Bodyguard is an integral aspect of CK and is designed to be employed by trained clients for a frequent preventive check of a health status and a regulation of commencing disorders of functions. A link between the CK systems' specialised parts and a home component. CBG Home is a powerful instrument for monitoring one's health and regulating self-recovery processes. Handling with CBG Home inspires a client to modify his or her lifestyle, offers feedback on the effectiveness of the adjustments made, optimizes individual health care, and allows a therapist to monitor a therapy process from a distance, reducing the frequency of examinations in a specialised centre.

The therapist's CK professional abilities enable him or her to assess the client's problems and construct an appropriate individual therapy, as well as to prescribe supplementary/additional examinations. Specialized programmes for functional disorders and spinal aches in the low back area (low back pain), a breathing system programme (ideal for chronic bronchitis and asthma bronchial), and a specialised gynecologist field are just a few examples. There is one guiding principle that applies to the entire CK system: Higher professional levels always have access to more thorough information than lower levels, and higher professional levels enable effective monitoring of lower levels (physiotherapist can check a masseur activities or trainer, a physician can check all of them).

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